Solving the Mystery of Marriage
Millions of people say they are searching for correct “standards” or “values.” Some are trying out various “new age” belief systems, or different ideas and theories from pop-psychology. The pollsters tell us that many others are simply “picking and choosing”—putting together various ideas and practices from different faiths to create their own religion.

Most of these folks want to get “involved” in something. They feel that the mainstream churches they left did not satisfy that need. They indicate that empty faith and empty rituals were not enough to fulfill their spiritual craving.

Fair enough.

But what they might not realize is that the real religion of Jesus Christ is a very active religion. It does have specific standards and values. It is an entire “way of life.” In fact, in Acts 9:2, the persecuting Saul asked for letters authorizing him to seize any Christians in Damascus “so that if he found any who were of the Way, whether men or women, he might bring them bound to Jerusalem.”


In Acts 19:9, we are told: “But when some were hardened and did not believe, but spoke evil of the Way before the multitude, he departed from them and withdrew the disciples, reasoning daily in the school of Tyrannus.” Then later, “And about that time there arose a great commotion about the Way” (v. 23).

When viewing the original Christianity, even outsiders realized that these early followers of Christ had far more than an empty faith with redundant rituals. They were “on fire” for a way of life! And the reality of the coming Kingdom of God brought passion and fervor to their entire existence!

What the modern “seekers” also fail to realize is that a way of life helped make America and Canada the great nations they became. And in America’s early years as a nation, the Judeo-Christian ethic—though practiced imperfectly—was a tremendous bulwark against the kind of moral deterioration it has experienced in recent years.

Now, we seem to be in a headlong rush to forsake even the limited spiritual understanding we used to have as a nation and the basically decent way of life we used to practice. As one who grew up in the American Midwest in the 1930s and 1940s, I well remember the almost total safety of our city and our neighborhood. Elderly ladies went out walking at night with no fear. Little boys and little girls played “hide and seek” and “kick the can” in almost total darkness in neighborhoods all over the city. Murder and rape were virtually unheard of. And many folks did not even bother to lock their doors at night!

Back then, respect for authority was taught and largely practiced. The Ten Commandments were posted in many schools and public places.

But, today, we have lost our “way”!

As our nations have turned away from God and from His laws, the God of heaven has definitely indicated that He will need to give us loving correction in order to bring us back to Him. God warned our
What Is the “Work” of God?

What should the Church be doing? Is it enough to believe the right things, or is there something true Christians should be doing as a result of their faith? Amid so much religious confusion, your Bible has the answer!

Solving the Mystery of Marriage

Is marriage obsolete? Is it even relevant in our modern day? Why do people still come together in marriage, despite so many attacks on this once-cherished institution? The Bible gives powerful insights that can deepen your appreciation of marriage!

Overcoming Stress

Is your stress turning into distress? Do you wonder how you can continue to cope with the pressures of daily life and the frantic pace of the world around you? You may want to consider seven powerful biblical strategies for overcoming stress.

An Islamic Wind?

Winds of protest are blowing across the Middle East. Already some governments have been topped; others are being rocked to their foundation. What does Bible prophecy reveal about the resurgence of Islamist ideology in formerly secular Arab nations?

A Standard-of-Living Shock?

Is the United States ready for a “poverty cycle”?

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Postmaster: Send address changes to Tomorrow’s World, P.O. Box 3810, Charlotte, NC 28227-8010.

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Millions of evangelical Protestants and even many in various “Church of God” groups are becoming increasingly confused about the question: “What Is the Work of God?” In an increasingly secular age, permeated by a spirit of self-will and rebellion against authority, many are adopting a type of “every man for himself” attitude, contrary to what Jesus Christ established so plainly. Yet this is totally un-biblical and potentially dangerous!

How so?

Because God’s inspired word clearly reveals that our Creator wants His people to work together as a “body” (1 Corinthians 12:12–28). In that “body”—directed by Christ through the Holy Spirit—He places some as apostles, some as prophets and some as teachers (v. 28). For God’s word tells us, through the Apostle Paul, that Christ “Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ; that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by
the trickery of men, in the cunning craftiness of deceitful plotting, but, speaking the truth in love, may grow up in all things into Him who is the head—Christ” (Ephesians 4:11–15). Notice that these gifts and responsibilities were given for “the work of ministry”—and that this work would bring “unity” to the Church, such that the less knowledgeable would not be “tossed to and fro and carried about with every wind of doctrine.” My friends, you cannot have “ministry” unless the Church is “ministering” to people. God has ordained pastors and teachers and others “for the work of ministry.” Foolish people may think they can decide for themselves “to be a minister”—but God’s way is clear; He determines, through His established human servants, who will be selected for roles of service in doing His Work. Remember, “God is not the author of confusion” (1 Corinthians 14:33).

Listen! If God’s inspired word means nothing to you, then go ahead and “do your thing”! But, if you have the genuine “fear of God”—a profound respect for the true God and His word—then read the following with an open mind and heart.

**God’s Instructions**

Jesus Christ commanded His followers, “Go into all the world and preach the gospel to every creature. He who believes and is baptized shall be saved; but he who does not believe will be condemned” (Mark 16:15–16). Yet, how many people assume they are doing God’s Work by talking to a neighbor or two? And what about those who do not even seriously try to preach the true Gospel at all? Do you honestly think, for one minute, that Christ’s command can be accomplished by nice and well-mannered people just sitting around and talking to each other, or setting a good example and being a “light”?

Is that what Jesus Christ Himself actually did? No way!

Rather, Jesus Christ preached constantly to huge crowds. Scripture describes one occasion when He supernaturally fed 5,000 men—plus women and children—who had been hearing His inspired teaching (Matthew 14:14–21). Jesus did not stay home and act as a good neighbor. He plunged full-time into His ministry, preaching the Gospel to as many people as He could possibly reach! In the days before radio and television, this meant walking and walking all over the Judean countryside! This was His inspired example for us today. He personally trained the Twelve Apostles, plus at least “seventy others also, and sent them two by two before His face into every city and place where He Himself was about to go” (Luke 10:1). Then, Christ instructed His followers to pray that even more ministers might be called to do the Work (v. 2).

Later the Apostle Paul, with his helpers, traveled all over the Roman Empire—preaching and teaching about Jesus Christ and His message of the coming Kingdom of God (Acts 8:12; 28:31). Paul visited countless synagogues, and used every opportunity to preach to large groups of people, doing his part toward “all nations” being able to hear a powerful witness of the coming Kingdom of God and of God’s message of forgiveness through Christ (Matthew 24:14).

**Love Means Going “All Out”**

The inspired example of Jesus Christ, and of His apostles, indicates clearly that—if they could have—they would certainly have seized the opportunity to use the modern technologies of radio, television and the Internet to preach the Gospel to all the nations! Today, if we really do love our fellow human beings, and want to reach them with God’s Truth, we will certainly go “all out” to use the modern tools at our disposal to preach God’s message to every nation on this earth!

Think! Here we are, just before the coming “Great Tribulation”—which Jesus Christ described as the most severe time of trial, trouble, death and destruction in all human history (Matthew 24:21–22). Do you think that Christ would want His true servants to just have little “home Bible study groups” and sit around talking to one another—failing utterly to evangelize the entire world as best they could, and by so doing prevent billions of confused human beings from having at least a witness of God’s coming Kingdom to warn them of their impending doom?

Even in the book of Proverbs, God’s word instructs us, “Deliver those who are drawn toward death, and hold back those stumbling to the slaughter. If you say, ‘Surely we did not know this,’ does not He who weighs the hearts consider it? He who keeps your soul, does He not know it? And will He not render to each man according to his deeds?” (Proverbs 24:11–12).

Yes! Almighty God will render His judgment on each individual “according to His deeds.” Today, the only truly effective way to reach the nearly seven billion human beings with God’s Truth is via radio, television, the Internet and publishing. True Christians all over the earth will naturally want to carry out Christ’s order to preach the Gospel to the whole world. They will not be satisfied sitting “by themselves,” apart from the Work that is teaching the real Truth of the Bible and going “all out” to spread that Truth around.
the world as a witness. You readers of Tomorrow’s World recognize that in this very magazine we are teaching that Truth—as we also do on our Tomorrow’s World telecast and on our www.TomorrowsWorld.org Web site.

Certainly, there are also other aspects of doing the “Work” of God. Christ commands His followers to be a “light” to the world (Matthew 5:14-16). We are to have our speech “seasoned with salt” that our words may help lead others to the Truth (Colossians 4:6). As the Apostle Peter instructed, Christians should “always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear” (1 Peter 3:15).

However, any thinking person should realize that although these personal actions of evangelism may be good and helpful, they do not even remotely commence to accomplish the “Work” of preaching Christ’s message to the billions of confused people all over this earth. The billions of people alive today need at least a “witness” of the true Gospel regarding Christ’s coming Kingdom (Matthew 24:14). We in this Work know that we must go through the “doors” which Christ opens in order to reach those billions who have not been or ever will be reached by personal evangelism alone!

It is not that little “home Bible study” groups are forbidden. Home Bible studies can indeed be very helpful at times. However, in my 58 years in Christ’s full-time ministry, I have found that many of these little groups are often taken over or dominated by self-promoting, untrained and often very unbalanced individuals who advance odd and even directly unbiblical ideas and theories. This is to be expected, when their leaders are not connected to the true Work of God, and have not been trained, and are not willing to submit even to genuine God-ordained ministers who teach the full Truth.

Paul was inspired to exhort the evangelist Titus that a true Christian elder should be “holding fast the faithful word as he has been taught, that he may be able, by sound doctrine, both to exhort and convict those who contradict. For there are many insubordinate, both idle talkers and deceivers, especially those of the circumcision, whose mouths must be stopped, who subvert whole households, teaching things which they ought not, for the sake of dishonest gain” (Titus 1:9–

The Great Commission

“And Jesus came and spoke to them, saying, ‘All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.’ Amen” (Matthew 28:18–20).

This famous passage from the gospel of Matthew is often called the “Great Commission.” It is echoed in Mark’s gospel, where we read: “And He said to them, ‘Go into all the world and preach the gospel to every creature’” (Mark 16:15).

In the midst of so much religious confusion in our world today, these simple yet powerful words of Jesus Christ can help us understand the Work of God, and can help us recognize whether we are part of His true Church—the Church that is faithfully carrying out the dual responsibilities of preaching the true gospel and caring for the believers God calls as a result of that preaching.

First, let us consider: What does it mean to preach the gospel? Remember, the gospel—the “good news”—is Christ’s message of the coming Kingdom of God. That Kingdom is not some abstract feeling in the heart of the believer; it is a literal government that will bring world peace to planet Earth, ruled by a literal King—Jesus Christ.

Many churches call Christ “King” but do not teach the truth about His literal rule. If a Church emphasizes a message about the Messenger, and distorts or neglects His message of God’s coming Kingdom, then it is not fulfilling the Great Commission.

Next, notice that Christ entrusted His Church with the task of teaching new disciples “to observe all things that I have commanded you.” He did not say, “Leave out a few of My commands that won’t be valid in 50 or 100 years.” He did not say, “Replace My commands with contrary commands of your own.” If a church does not teach its members to observe Christ’s commands, it is not fulfilling the Great Commission, is not doing the Work of God, and is not God’s true Church.
So, true ministers should have been “taught,” just as Jesus taught His disciples for three-and-a-half years. The Apostle Paul also trained young men such as Timothy (Acts 16:1–5), Titus and others—working with them, traveling with them, tutoring them and preparing them to help them evangelize the Roman Empire to the full extent of their ability. This is God’s pattern. God’s Kingdom will be organized, and it is vital that we all learn to submit to authority and to work together as a “team”—as we will certainly need to do that for all eternity!

**GOD’S GOVERNMENT IS ORGANIZED!**

However unwilling they may be to admit it, many of those who oppose doing a really significant Work of preaching the Gospel to the whole world are selfish and somewhat introverted or “independent” individuals who do not want anyone telling them what to do! They are often unwilling to submit to authority—perhaps because they have been hurt in the past by misuse of such authority. Such people are unwilling to submit even to righteous leadership in the true Church, as God directs His people through His ministers. They do not want to humbly play their part as members of an organized “team”—the Body of Christ in this age! Yet your Bible clearly reveals that every human being who hopes to be in Christ’s coming Kingdom—His actual government to be set up on this earth—must be willing to submit to others in the Body of Christ! Please study 1 Corinthians 6:1–6 with this thought in mind!

Notice how the Apostle Paul “commanded” the evangelist Titus to “appoint elders in every city” and then described the qualifications of these elders (Titus 1:1–9). Paul then explained that the elders must be able to stop the mouths of “insubordinate” confused talkers who just want their own way (vv. 10–11)!

Indeed, the Body of Christ must be organized, and its leaders must have genuine authority to maintain order and unity of purpose. All true Christians must be willing to take correction and submit to authority. God’s inspired instruction in the book of Proverbs reminds us of this principle again and again! Notice Proverbs 12:1: “Whoever loves instruction loves knowledge, but he who hates correction is stupid.” Now read Proverbs 13:18: “Poverty and shame will come to him who disdains correction, but he who regards a rebuke will be honored.”

Carefully read and meditate on Proverbs 15:31–33: “The ear that hears the rebukes of life will abide among the wise. He who disdains instruction despises his own soul, but he who heeds rebuke gets understanding. The fear of the Lord

Is your church going into “all the world” to preach the gospel of the Kingdom of God? That is what Christ told His Church to do. The Bible shows us how this was done. It was not that individual Christians felt some subjective inspiration and decided to make themselves into “preachers” or “ministers” or “evangelists.” Rather, people were chosen and ordained by the existing leadership of the Church, and were sent out to fulfill specific tasks (Luke 10:1). God’s Church is organized (Ephesians 4:11).

So, if a church is led by someone who is “self-ordained” you can be sure it is not God’s true Church, and is not carrying out the Great Commission. But it is not enough that a pastor be validly ordained. Is his church really going “into all the world” to preach the gospel? Today, there are countless “ministries” that put up a Web site, or hand out tracts in their community, and think that this satisfies their obligation to go into “all the world.” But although God tells us that His Church is a “little flock” (Luke 12:32), He has promised that the forces of Satan’s world will not prevail against it. If a church is not devoting substantial resources to preaching the true gospel around the world, it is not carrying out the Great Commission, and you can be sure it is not God’s true Church.

But even if a church is preaching the gospel around the world, there is one more test you can apply. What does God say is the purpose behind preaching the gospel to the world? Notice: “And this gospel of the kingdom will be preached in all the world as a witness to all the nations, and then the end will come” (Matthew 24:14). The gospel is to be preached not as a “soul-winning” crusade, but rather as a witness to a world that will for the most part reject that message! God is not trying to “save the world” in this present age, as most professing Christian churches mistakenly believe. Yes, God will call a relative few to salvation in this age, as His “firstfruits,” but the primary focus of the Great Commission is on Jesus Christ’s warning message.

God’s Truth, as revealed in your Bible, is plainly seen by those whom He calls, but most of the world today remains blinded. Those who are blinded can only “search” for the “church of their choice.” But, when God opens people’s eyes, they can see for themselves where His Truth is being preached, and they want to be a part of that effort, helping to carry out the Great Commission that Jesus Christ gave to His disciples. If your eyes are being opened to the Truth being taught in this magazine, on the Tomorrow’s World telecast and at the www.TomorrowsWorld.org Web site, then God may be calling you into His true Church.

—William Bowmer
is the instruction of wisdom, and before honor is humility.”

Please note that “before honor is humility.” If you wish to be a king or priest in Christ’s soon-coming Kingdom (Revelation 5:9–10), you must humble yourself, you must be teachable and you must be willing to submit yourself to the leadership that the living Jesus Christ places in His true Church. Otherwise, how can Christ trust you to be genuinely obedient and loyal to Him throughout all eternity?

**SAMUEL AND SAUL**

Read again the story of Samuel and Saul in 1 Samuel 15:1–23. Here, God used His human servant, Samuel, to tell King Saul of Israel what to do. But Saul tried to “play games” and water down what God commanded. He did not destroy all the enemies and all the animals of the Amalekites, as God had clearly commanded through Samuel. So, God inspired Samuel to state: “For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry. Because you have rejected the word of the LORD, He also has rejected you from being king” (1 Samuel 15:23).

The next chapters of 1 Samuel show that God backed up this command and removed Saul from being king of Israel. The great God also commands us to do things His way—not using our human reasoning to “water down” or somehow get around the direct instruction given in His inspired word.

God is building a family of Spirit-born sons who will have proved themselves by a lifetime of obedience to God and willingness to submit themselves to His government—even that government administered through human beings. They will have learned to cooperate as part of a “team”—and will be ready to cooperate for all eternity. It is this kind of truly surrendered individual who will soon be ruling this entire world under Jesus Christ in His Kingdom!

So, we must not be selfish or introverted. We must learn to work together in doing God’s Work—as He commands. We must do this in love and in unity right now in preparation for our part in Christ’s coming government. This is a vital part of our training as Christians!

God instructs His people in Ephesians 4:1–6 to endeavor to keep the unity of the “Spirit,” and states, “There is one body and one Spirit, just as you were called in one hope of your calling; one Lord, one faith, one baptism” (vv. 4–5). Dear reader, you need to fully prove whether you are in that “one body” of true Christians who are faithfully striving to keep God’s commandments and do His Work!

**GOD-ORDAINED LEADERSHIP**

Almighty God tells us that He places genuine leaders in His Church, in roles such as apostles, evangelists and pastors. But, why? “For the work of ministry” and to bring unity to the body of Christ. Frankly, without God-ordained leadership among His people, the capacity to do a powerful “Work” of preaching His message to “all nations” would simply be impossible!

God warns us, “Look among the nations and watch—be utterly astounded! For I will work a work in your days which you would not believe, though it were told you” (Habakkuk 1:5). God is now using this very Work—spearheaded by the Tomorrow’s World television program and this magazine—as a major part of His prophesied end-time preaching of the true message of the coming government of God, based on His laws and of warning His people of the coming Great Tribulation.

As a true minister of Jesus Christ, I with the other ministers who are part of this Work absolutely have a responsibility to teach the full Truth of God, to help prepare His people to be part of the team that the living Christ can count on to be loyal members of His government on this earth in Tomorrow’s World. Will you listen to God’s call and join with us in being a part of this vital Work?

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**WHERE IS GOD’S TRUE CHURCH TODAY?**

Religious confusion is all around us. How can you find God’s true Church amidst so many fakes and counterfeits? Your eternal life may depend on the answer!

Write for our FREE booklet, *Where Is God’s True Church Today?*, or download it from the Booklets section of our Web site www.TomorrowsWorld.org.
**Question:** In the book of Job, we read, “But there is a spirit in man, and the breath of the Almighty gives him understanding” (Job 32:8). Later in the chapter, Job says, “the spirit within me compels me” (v.18). Do these Old Testament references refer to God’s Holy Spirit, or to an “immortal soul” within human beings?

**Answer:** The answer is—**neither!** Nevertheless, there is a “spirit” in all human beings; Scripture describes “the Lord, who stretches out the heavens, lays the foundation of the earth, and forms the spirit of man within him” (Zechariah 12:1). Most professing Christians believe that this spirit is an “immortal soul” that lives in us and leaves at death. In fact, this idea came not from the Bible, but from ancient Egyptians. It came to us through the Greeks, who first popularized the concept through the writings of Plato.

Jesus, by contrast, explained that a “soul” (Greek *soma*, Hebrew *nephesh*, referring to physical life and not a spirit essence) can be destroyed (Matthew 10:28)! Ezekiel said that “the soul who sins shall die” (Ezekiel 18:4, 20). So we see that the “soul” is not indestructible. “For the living know that they will die; but the dead know nothing” (Ecclesiastes 9:5). The dead have no consciousness. This means that, since no one but Jesus Christ has yet been raised from death to immortality, there are no sinners burning in Hell right now, nor are there disembodied spirits rolling around in Heaven waiting to be reunited with their bodies.

As an aside, what exactly is “Hell”? In your English-language Bible, two of the words translated as “Hell” are the Greek *hades* and the Hebrew *sheol*—both of which simply mean “grave” or “pit.” Other than Jesus Christ, everyone who has died is waiting for the resurrection, in what Scripture often calls a “sleep”—a metaphor for unconsciousness. They are in *hades* or *sheol*—in “Hell”—but this does not indicate a conscious condition of suffering; it is simply a description of their lifeless state in the grave as they await the resurrection.

At his creation, Adam became “a living soul” (Genesis 2:7, KJV). Human beings do not **have** a soul. A human being **is** a “soul.” What, then, is this “spirit” that is in every human being—and what is its purpose?

The patriarch Job stated, “But there is a spirit in man, and the breath of the Almighty gives him understanding” (Job 32:8). When God created Adam and Eve, He gave them the breath of life, and also placed a non-physical element in their brains. This spirit essence, combined with the physical brain, makes possible the human intellect—mankind’s ability to think, reason, plan and create. God did not give these abilities to animals, who rely entirely on instinct. Animals have what in Hebrew is called *ruach*—the breath of life, which animates their otherwise-lifeless bodies—but they do not have the special animating force that God has given only to human beings.

Similarly, just as no animal can know the things of mankind, no human beings can properly understand the spiritually revealed things of God unless they have received a special spiritual element. The Bible reveals that mankind was created to need another spirit—the Holy Spirit of God—which works with the human spirit in the mind. “For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God” (1 Corinthians 2:11).

Unlike the spirit in man, which can be subjected to the carnal and deceptive “broadcasts” of Satan the Devil, prince of the power of the air (Ephesians 2:2), the Holy Spirit allows mortal human beings to have access to the very nature of God. Through God’s plan of salvation, human beings can receive the Holy Spirit of God (Acts 2:38; John 7:38–39), which is added to the human spirit. We are spiritually “begotten” of God when we receive the Holy Spirit. The human spirit in man and the Holy Spirit of God join to make a spirit-begotten child of God (1 Peter 1:3; Romans 8:14–17), just as the male sperm cell and the female ovum join to make a begotten (but not yet ready for birth) human being. We then grow spiritually throughout our lives, until we are born again at the resurrection and join the God Family as divine beings composed wholly of spirit.
Why marriage? What is its purpose? That may sound like an odd question, but think about it for a moment. Marriage as an institution is a mystery to many. Sure, lots of people get married every year—the United States leads the world in the marriage rate (and divorce rate, too). More than 90 percent of Americans will marry at some point in their lives.

But, why do people marry? It seems that many married couples do not really know why they married. Maybe that is why so many American marriages—roughly 50 percent—fail. A husband and wife might have had a general feeling of being in love, or may have sensed that marriage was the “right thing to do.” But do they go deeper than that? Perhaps one reason so many are opting out of marriage altogether is that they are confused about its purpose.

From 1970 to 1994, the number of unmarried couples living together in the United States increased by nearly 550 percent. By 2007, out-of-wedlock births topped 40 percent of all births for the first time in U.S. history. But these trends are not limited to the United States alone.

In the Beginning Was Marriage

Marriage as an institution did not develop over millions of years of natural selection, as some foolishly assume. It was created at a specific time in history, when only two human beings existed—a man and a woman. Notice what Genesis says about the first man and wife: “And the LORD God caused a deep sleep to fall on Adam… Then the rib which the LORD God had taken from man He made into a woman, and He brought her to the man” (Genesis 2:21–22).

There was no grand ball, black tuxedo or flowing bridal gown—but there was the first marriage. Adam and Eve were brought together to be husband and wife. But, why?

God instructed Adam and Eve to become “one flesh.” “Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh” (Genesis 2:24). They were to have exclusive sexual intimacy with one another, is on the decline in many of the modern Western nations. “Marriage is in decline across much of northern Europe, from Scandinavia to France…” [In 2005,] 59 percent of all first-born French children were born to unwed parents, most by choice, not chance (“L’amour without marriage,” Molly Moore, Washington Post, November 21, 2006). In England, France and the U.S., “cohabitation precedes marriage in roughly half or more of all cases. In Sweden, cohabitation is on its way to becoming the norm; roughly one-third of all couples cohabit instead of marry” (The Marriage Problem, James Q. Wilson, pp. 3–4). Author Glenn Stanton noted that couples who cohabited and then married had an 80 percent higher rate of divorce than those who had not lived together before marriage (Why Marriage Matters, p. 59).

Even many who call themselves Christians are confused about the real foundation of marriage. Even in the religious world, the link between marriage and the Bible is far too disconnected: “Without a theoretical framework for thinking about marriage, the storehouse of actions on marriage will be greatly impoverished… Protestants, especially evangelicals, have a psychology of marriage, but no theology” (Stanton, p. 173).

So, what is the purpose of marriage? Does your Bible have the answers? The encouraging and resounding answer is: Yes!
not to be shared with others. This is the faithful, till-death-do-us-part marriage that God instituted and blessed (Hebrews 13:4).

Was the creation account a myth, as many today assume? Not according to Jesus Christ, who treated the biblical account as fact when He taught about marriage: “Have you not read that He who made them at the beginning made them male and female,’ and said, ‘For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh? So then, they are no longer two but one flesh. Therefore what God has joined together, let not man separate” (Matthew 19:4–6).

But, what does it mean to be “one flesh”? Does this only refer to the sexual union of a husband and wife?

WHY “ONE”?

Jesus Christ explained that the command to be “one flesh” goes far beyond just the sexual act. It describes a man and wife working together toward a rich and meaningful lifetime goal. It means being “one” in a mutual partnership built to withstand the storms of life. Christ’s vision of marriage was a committed husband and wife working together in harmony, as they share the burdens and experience the joys of life together.

Even more amazingly, the unity between a husband and wife was meant to depict the oneness between God and Christ, and the oneness the glorified saints will experience after the resurrection. Just before His crucifixion, Jesus prayed these words: “I do not pray for these alone, but also for those who will believe in Me through their word; that they all may be one, as You, Father, are in Me, and I in You…” (John 17:20–22). A husband and wife are to strive to reflect—however imperfectly—the love and unity that God and Christ have in their harmonious relationship with one another. Husbands and wives are to endeavor to be truly selfless in dealing with one another; each spouse learning to love the other—their closest neighbor—as themselves (Matthew 22:39).

God wants to see this “oneness” in married couples—both for the benefit and welfare of the couple, and for the nurturing of godly children.

MARRIAGE: GOOD FOR HUSBANDS AND WIVES

The Apostle Paul wrote some of the Bible’s most enlightening passages about marriage. Why did God institute marriage? Paul explained: “For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.’ This is a great mystery, but I speak concerning Christ and the church” (Ephesians 5:31–32). Paul taught that the roles of men and women in marriage are to be a daily reminder—in a small, physical way—of the relationship Jesus Christ will have with His Church for eternity.

Why, then, do some see marriage as an instrument of repression? Practiced God’s way, it was never intended to be that. And modern researchers are discovering what many happily married couples have known intuitively for a long time: “The perceived ‘bondage’ of this historic and honorable institution is not as damaging to all involved as is the ‘freedom’ of our present ethos” (Stanton, p. 12). Research has consistently shown that marriage has a generally positive effect on a husband’s and wife’s well-being. “People who are married not only have higher incomes, and enjoy greater emotional support, they tend to be healthier. Married people live longer than unmarried ones, not only in the United States but abroad” (Wilson, p. 16).

But enjoying the benefits of a successful Christian marriage takes commitment and sacrifice. It requires that both husband and wife accept the responsibilities and fulfill the roles that God outlined for marital success. Paul very plainly commanded the husband’s duty in marriage: “Nevertheless let each one of you in particular so love his own wife as himself” (Ephesians 5:33).

Husbands, what does “love your own wife” mean to you? Scripture tells a husband to cherish and nourish his wife—to protect, provide for and support her, not to tear her down or belittle her. Of course, this is easy to do when your wife is being kind, thoughtful and supportive, and she looks beautiful—right? But what about when she is having an especially bad day? Paul put no limitations on the command—his instruction is to love and cherish your wife in the bad moments as well as the good. Husbands must endeavor to love their wives, even when they are not easy to love. This is what it takes to achieve the harmony, unity and “oneness” God desires. Love her even when she is brusque with you; even when she is “out of sorts.” After all, “God demonstrates His own love toward us, in that while we were still sinners, Christ died for us” (Romans 5:8), and husbands are to reflect the
self-sacrificing nature of Jesus Christ in their own marriage.

Wives, what are your roles and responsibilities? Paul explains, “let the wife see that she respects her husband” (Ephesians 5:33). This may sound old-fashioned and naïve, but Paul insists on it. What does “respect your husband” mean? It means to follow his godly lead. It means to show him honor not just when he is easy to respect and admire, but also when he may be irritable or angry, tired or selfish. It does not mean to be a “doormat” or to accept abuse. But it does mean learning to accept his decisions when they disagree with yours, and supporting rather than undermining him, ridiculing him or insulting him. Notice that, just as for husbands, Paul puts no caveats on his command to wives—the instruction is to respect her husband in his weaker moments as well as in his best. Yes, this is sometimes a challenge! But a wise and thoughtful wife will do everything she can to support her husband and build him up, not tear him down (Proverbs 31:26).

Wives, is your husband perfect? Of course not! However, by learning to submit to an imperfect husband now, you will help him learn to be the nurturing and supportive husband you want and need. And, very importantly, you will be showing your perfect Savior that you will also be willing to follow Jesus Christ’s lead, as the “bride, the Lamb’s wife” for all eternity (Revelation 21:9).

**Marriage: Good for Children**

The “oneness” in a godly marriage also benefits children. We read that “the Lord has been witness between you and the wife of your youth, with whom you have dealt treacherously; yet she is your companion and your wife by covenant. But did He not make them one, having a remnant of the Spirit? And why one? He seeks godly offspring. Therefore take heed to your spirit, and let none deal treacherously with the wife of his youth” (Malachi 2:14–15).

Yes, a husband and wife sharing a loving and committed relationship are able to provide a stable and safe environment for the next generation. When God brought the first couple together as husband and wife, He gave them this command: “Be fruitful and multiply; fill the earth and subdue it” (Genesis 1:28). God wanted human beings to have children, and to expand into clans, tribes and nations.

God already knew thousands of years ago what social scientists are consistently confirming as well: that the marriage institution is the best environment for bringing up children. “They are less likely to be on illegal drugs, less likely to be retained in a grade, less likely to drop out of school, less likely to commit suicide, less likely to be in poverty, less likely to become juvenile delinquents, and, for the girls, less likely to become teen mothers. They are healthier both emotionally and physically, even thirty years later, than those not so blessed with traditional parents” (Marriage Under Fire, Dr. James Dobson, p. 54).

Though some try to deny it, there is powerful evidence that children benefit immensely when they grow up in a household with both father and mother present. American Enterprise Institute researcher Karl Zinsmeister reported: “There is a mountain of scientific evidence showing that when families disintegrate, children often end up with intellectual, physical, and emotional scars that persist for life… We talk about the drug crisis, the education crisis, and the problem of teen pregnancy and juvenile crime. But all of these ills trace back predominantly to one
I read your booklet, *Revelation: The Mystery Unveiled!* Out of all the booklets I have read on Revelation, yours is the best I have come across. Very well written, easy to understand and it fits like a glove to scripture and history. Very well done. It was very thorough. It pretty much said it all.

J. C., Liberty, MO

The first magazine I received from you has changed my life about observing the Sabbath, and it certainly is a joy to honor God for the day of rest in His name. I, just over the weekend, got rid of my Christmas tree and decorations. Again thank you for sharing the Truth, God’s Truth. I wish to express my sincere gratitude to you for helping me to seek the Lord more diligently with thanks.

G. S., Orlando, FL

A small group of us seniors get together every Wednesday and talk about everything and anything. Last Wednesday I brought one of your booklets, *Satan’s Counterfeit Christianity,* and we all shared in reading. What an eye-opener for all. This Wednesday, three new faces showed. I must thank you for reviving our sometimes-boring get-together and am looking forward to next time. We may need a bigger room.

D. G., Corona, CA

For nine months after having had a stroke, the pain in my legs was extreme. Imagine holding a rod of ice for 24 hours a day for nine months, and you will get some idea of how I felt. Then I watched your telemcast offering an anointed cloth. I asked for one, then after I received it I prayed, and my legs were fine. Does God heal? You bet He does!

A. F., Davoren Park, SA, Australia

I received your magazine with cover article “The Handwriting Is on the Wall” (January-February 2011), and I learned about the purpose of my life. I am very glad that I came across a friend who introduced me to your magazines. I read them, and my life was never the same again. I thank you very much. May God bless you in the work that you are doing.

J. O., Kampala, Uganda

I would like to express my gratitude to *Tomorrow’s World* for providing free literature throughout the world, based on the truth of God’s word. Your teachings have been such an inspiration and a blessing to my life, and the lives of my family and friends. Special thanks to you for the booklet, *The Ten Commandments.* That booklet renewed my mind and heart, and has helped me to grow more in my spiritual life as well.

D. O., Tacarigua, Trinidad and Tobago

My heart was really pricked when I read “Earth: Your Inheritance!” (*Tomorrow’s World,* January-February 2011). We must stop sinning and must believe the Gospel of the Kingdom of God. I believe that God is with you, and my family and I have agreed to serve the God of the Bible. We choose to be faithful to God at all cost. Keep praying for us!

A. M., Divundu, Namibia

I wish to thank you greatly for the changes I have had in my life since I started reading material from *Tomorrow’s World.* I can’t stop going through your booklets, especially *God’s Plan for Happy Marriage.* This booklet has created an impact in the lives of many couples here in Cameroon and they all like reading the *Tomorrow’s World* magazines they find around me. Thanks a lot for the end-time prophecies and efforts to proclaim the Truth!

C. N., Douala, Cameroon

We encourage you to share with us your reactions to *Tomorrow’s World.* Please direct your correspondence to “Letters to the Editor” at our United States address, or send e-mail to Letters@TomorrowsWorld.org. Letters may be edited for space and clarity. Remember to include your name, address and daytime phone number.
The most influential book ever written in English marks its 400th anniversary this year. In 1611, a monumental project came to completion that had engaged more than 50 of England’s finest scholars for seven years—an English-language Bible translation that remains widely treasured as a masterpiece of scholarship, clarity and beauty of expression.

Commissioned by England’s King James I, we know it today as the King James Version—or the Authorised Version—of the Bible. Strictly speaking, it was not a “new” translation; it sought to bring together the very best of all previous versions into what the translators envisioned as “one principal good one”—faithful to the original Hebrew and Greek texts, and suitable for reading aloud in the churches.

Other important translations had gone before; notably that of William Tyndale, whose earlier work profoundly shaped the KJV text. Why, then, has the KJV remained so influential to this day? How has this text—which language was viewed as archaic even from its inception—had such an impact on the English-speaking world?

**Political and Religious Purposes**

From the germ of its inception in January 1604, the “King James” translation project developed with both a religious and a political purpose firmly in mind. The new Stuart King—James I of England and Ireland—saw it as a canny means of bolstering his own position as both political head of state and ecclesiastical head of the state church.

The times were exceedingly turbulent. Protestants of various leanings—Puritans, Calvinists, Lutherans and Presbyterians—clashed with kings and bishops in disputes over old monarchical expectations and ecclesiastical worldviews. Author Adam Nicolson notes that King James hoped a new Bible translation would serve as “a thing of peace, a means by which the divisions of the church, and the country as a whole, could be encompassed in one unifying fabric founded on the divine authority of the king” (*When God Spoke English*, p. 66).

Yet peace and unity could hardly be said to characterise the way it began. If one could call the translation itself a triumph, its printing and distribution would be called a disaster. There seems to have been no master manuscript to work from. No money was put aside for printing. No edict was given to force its adoption. Poorly managed, and with many a careless mistake allowed to creep into the published books, the new Bible was greeted with what author Derek Wilson describes as “thundering apathy” (*The People’s Bible: The Remarkable History of the King James Version*, p. 121). King James seemed not to care, as his attention had moved on to what he considered more important matters.

Nevertheless, slowly and inexorably, the people of England became used to the KJV. It entered their consciousness, and its mellifluous, sonorous wording rang in their ears and entered the very fabric of their language. Yet, national divisions among English-speakers did not go away. Intertwined political and religious differences led finally to a full-scale Civil War (1642–1651), which ended with the collapse of the monarchy and the installation of Oliver Cromwell as England’s Lord Protector.

**Restoration**

It was only after Cromwell’s death, when England’s monarchy was restored, that the KJV truly came into
its own. All those qualities so carefully built into the translation began to work their subtle effects. Pastors gradually and quietly replaced their churches’ earlier editions of the Bible. Over time, into the last half of the eighteenth century, various inaccuracies—of translation, and especially of printing—were resolved. As the eloquence and accuracy of the KJV became ever more widely appreciated, its use of the English language set a standard for writers and speakers to emulate. Even the obsolescence of its language came to be viewed as part of its power.

Bible Societies in Britain and America sprang up to print and distribute KJV Bibles by the millions. As Britain’s influence expanded, the KJV was carried on the wings of empire across the globe, spreading English culture and Bible-based values to distant lands. Molding the lives and thinking of generations of its readers, it became a “potent symbol of Englishness” (Wilson, p. 143).

As the KJV shaped the modern English language, and the English language became the dominant language of the modern world, one could say that the KJV, in large measure, shaped our modern world. Despite many attempts to create “improved” English translations of Scripture, none yet have quite managed to replace it.

Indeed, for some, the KJV has become an icon unto itself, even taking the place of the original scriptures. Here lies a great danger. Christians recognize that the original manuscripts of Scripture are inerrant, and are the authoritative foundation for all spiritual truth. But we must not make an “idol” out of any translation—we must not fall into the trap of thinking that every single translated word is inspired in the same way that God inspired the original revelation.

Neither should we diminish the importance of the KJV, dismissing it as a mere literary masterpiece. Even the renowned atheist Richard Dawkins is a fan; he suggests that the KJV should be taught in schools for its literary and cultural value, while disregarding its teachings (The God Delusion, pp. 340–344).

This leads to a key lesson we can learn upon this anniversary. We may own a King James Version Bible, and we may praise its enduring literary merits. But, do we read it regularly? And, if we do read it, do we do so to heed its message? For the Bible claims to be the “lively oracles” of God, able to discern “the thoughts and intents of the heart” (Acts 7:38, KJV; Hebrews 4:12, KJV). It tells us that we should live “by every word of God” (Luke 4:4, KJV). Translations may be the work of men, but Scripture itself reminds us that the original texts are “God-breathed” and that, “All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: that the man of God may be perfect, thoroughly furnished unto all good works” (2 Timothy 3:16–17, KJV). Bible translations—even the KJV—may come and go, but the Bible’s central message will always endure because it speaks authoritatively to the human condition, and can reach right to the heart, and the spirit, of every human being.

There is a famous proverb that the KJV translates as, “Where there is no vision the people perish: but he that keepeth the law, happy is he” (Proverbs 29:18). For those of us more familiar with modern English, the New King James Version can help us better understand the logical connection between the two thoughts in that verse: “Where there is no revelation, the people cast off restraint; but happy is he who keeps the law.”

Perhaps this explains why so many today dismiss the Bible. It is God’s revelation to mankind. When obeyed, it provides a restraint that will keep us happily out of trouble, and will guide, direct and lead us in the ways of God. Though many today refuse any guidance that would “cramp their style,” a loving God continues to call out “Let the wicked forsake his way, and the unrighteous man his thoughts; let him return to the Lord, and He will have mercy on him; and to our God, for He will abundantly pardon” (Isaiah 55:7). Will you heed God’s enduring call?

—John Meakin
How are you and your family coping with the pressures, challenges and stresses of daily life? According to the National Institute of Mental Health, 28.8 percent of adult Americans will have some form of anxiety disorder in their lifetime. There are a wide variety of anxiety disorders, including post-traumatic stress disorder, obsessive-compulsive disorder, and specific phobias, to name a few.

“Anxiety disorders affect about 40 million American adults age 18 years and older (about 18 percent) in a given year, causing them to be filled with fearfulness and uncertainty. Unlike the relatively mild, brief anxiety caused by a stressful event (such as speaking in public or a first date), anxiety disorders last at least 6 months and can get worse if they are not treated. Anxiety disorders commonly occur along with other mental or physical illnesses, including alcohol or substance abuse, which may mask anxiety symptoms or make them worse” (Anxiety Disorders, NIH Publication No. 09 3879, p. 1).

In our technological 21st century, it seems that the pace of life and intensity of activities has accelerated. It is no wonder that many experience extreme apprehension and anxieties. Just the stress of everyday life can kill us. We commute in congested traffic, we interact with angry, argumentative people; we face financial, social, personal and job-related problems. And then, add to those stresses the frightening terrors threatening our cities and nations!

 Millions—even billions—of people around the world suffer from negative stress, anxiety disorders and psychological pressures of all sorts. Are you frustrated, nervous and anxious? Do you worry about your future?

Thankfully, Jesus Christ proclaimed the good news of the soon-coming Kingdom of God. He will establish His Kingdom and save planet Earth from total destruction (Matthew 24:22)! He assures us: “And this gospel of the kingdom will be preached in all the world as a witness to all the nations, and then the end will come” (Matthew 24:14). That good news is encouraging, and it gives us hope! Christ also warns us of dangerous events to come. The world right now lies in wickedness (1 John 5:19, KJV). God will judge the nations. But you can have peace even in these difficult times. In this article, we will consider seven strategies to overcome stress.

1. **Face the Future with Faith**

Christ warned us of great cataclysmic events at the end of this age. Many will die from fear and stress. Notice: “And there will be signs in the sun, in the moon, and in the stars; and on the earth distress of nations, with perplexity, the sea and the waves roaring; men’s hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of the heavens will be shaken” (Luke 21:25–26).
Will you let fear overwhelm you? We must face the future with faith! Christ Himself gives us this encouragement: “Then they will see the Son of Man coming in a cloud with power and great glory. Now when these things begin to happen, look up and lift up your heads, because your redemption draws near” (Luke 21:27–28).

When end-time prophecies come to pass, should we let stress, anxiety and phobias cripple us or even kill us? No! Christ instructs us to “look up and lift up your heads, because your redemption draws near.” Yes, the time of His second coming draws near! We can face the future with faith!

Christ exhorts us, “Watch therefore, and pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the Son of Man” (Luke 21:36). Facing the reality of our times will motivate us to pray for—and prepare for—Jesus Christ’s coming Kingdom that will bring world peace! Are you alert to prophetic trends? Now is the time to draw close to God, and He will give you the gift of faith to endure the end-times with confidence, not fear!

2. EXERCISE REGULARLY

If you have read any books or articles on health principles, you know that regular physical exercise can relieve one of stress. I personally learned that lesson years ago. I even wrote in my personal journal, “When depressed, go out and jog.” I found that through exercise, I could experience genuine relief from tensions and stress!

The Apostle Paul compared physical exercise with spiritual life. “For bodily exercise profiteth a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come” (1 Timothy 4:8). Paul meant that godliness and its fruits will last beyond our physical lives. But physical or bodily exercise does profit us! The NIV states it this way, “For physical training is of some value, but godliness has value for all things.”

God also tells us to glorify Him in our body and in our spirit (1 Corinthians 6:20). Are you glorifying God in your body and in your spirit?


Yes, research has demonstrated the benefits of regular physical exercise. But in our technological age, some become addicted to their technology. Those who work at a desk, a personal computer, or in a sedentary job, need to get up and walk away from their technology; some recommend doing so for ten minutes out of every hour.

We know that technology can be beneficial, but can you have too much of a good thing? Can excess make you unhappy? Notice this report: “Spending hours on the Internet may trigger depression, say researchers from Australia and China... researchers measured symptoms of anxiety and depression in all the participants and found that those who reported having been more addicted to the Internet to start were 2.5 times more likely to be depressed than those who did not feel so tied to their computers. This was true even of students who did not show signs of depression at the beginning of the study” (“Obsessive Internet Use Linked with Depression in Teens,” TIME, August 2, 2010).

We need godly balance in our lives that will benefit others, as well as our own health and well-being. Many health agencies recommend walking as an excellent form of exercise, particularly for senior citizens. The Bible commonly uses walking as a metaphor for spiritual living. Notice that the Apostle John writes, “He who says he abides in Him ought himself also to walk just as He walked” (1 John 2:6).

Yes, we need to follow the life and example of Jesus Christ, and to walk and live as He walked and lived! We are physical human beings, and we need to glorify God in our bodies by applying the physical laws of radiant health. Then we can experience more peace of mind and body.

3. CLAIM GOD’S PROMISES

When you face anxieties, remember that your Bible is a treasure house of God’s sure and wonderful promises. You need to apply biblical strategies for overcoming anxiety and stress.

The Apostle Peter gives us strong encouragement: “Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped
the corruption that is in the world through lust” (2 Peter 1:2–4).

In the Bible, God has given us exceedingly great and precious promises! He has promised to answer our prayers (Matthew 7:7–8); He has promised to fulfill all our needs (Philippians 4:19); He has promised to guide our lives (Proverbs 3:5–6); He has promised us long life if we honor our father and mother (Ephesians 6:2–3); He has promised to give us the desires of our heart if we delight in Him (Psalm 37:4–5); He has promised us peace of mind (Philippians 4:6–7); He has promised us the ability to endure trials (1 Corinthians 10:13); He has promised the gift of the Holy Spirit (Acts 2:38; Luke 11:13); He has promised us the gift of His love (Romans 5:5); and He has promised us eternal life (1 John 2:25).

Study these promises in your Bible. With faith, ask God to fulfill these promises in your life, and you will begin to have greater peace of mind! There are many, many more promises in the Bible for you and your family—and for all human beings. As you claim these promises in prayer, you can overcome stress and anxiety.

4. FORGIVE ONE ANOTHER

One major cause of stress often involves our relationships with others. Some people grow up in dysfunctional homes. They may have burdens of guilt, or may hold long-term resentment toward others, even a husband or wife. If this describes you, have you considered “letting go” and letting God take care of the situation? Remember, “Do not say, ‘I will recompense evil’; wait for the Lord, and He will save you” (Proverbs 20:22).

Have you considered forgiving those who have oppressed you? Christ taught us to forgive others. Remember the model prayer He taught us, which includes: “Forgive us our debts, as we forgive our debtors” (Matthew 6:12). Have you forgiven anyone recently? Forgiveness can even help us to overcome depression, as Paul Meier, M.D. wrote in his book, Don’t Let Jerks Get the Best of You: “A patient can be depressed for many years, then forgive the one who caused his repressed anger and totally recover from the depression, because his serotonin has been restored naturally and the brain is able to work correctly” (p. 170).

Forgiving others can produce peace of mind. You can turn your anxious life around, and can begin to experience joy and happiness.

5. PRAY ABOUT PROBLEMS

Are you what some call a “worry-wart”? Do you let your fears and worries produce emotional and physical stress in your life? The patriarch Job said, “For the thing I greatly feared has come upon me, and what I dreaded has happened to me” (Job 3:25). Job expected his fears to materialize. He was practicing what some would call a “self-fulfilling prophecy.” He did not pray about his fears.

You need to acknowledge your fears and worries and ask God for His help! Consider this simple yet profound biblical strategy: “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God” (Philippians 4:6). In other words, share your worries, your fears and your concerns with God in prayer!

Do you confront your worries, concerns and fears? Pray about everything that worries you. Share your intimate thoughts with God. He knows them anyway! Notice Paul’s command that you should pray “with thanksgiving” (v. 6). Thank God for all your blessings. Thank God for the very privilege of asking for His intervention, and for victory over your anxieties. When you and I follow these instructions, what is the result? “And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus” (v. 7).

We express our faith in God’s willingness to help us, by thanking Him, as we share our worries with Him. So, pray about your problems. And pray with an attitude of thanksgiving. Thank God that He is willing to help you overcome your anxieties and fears, and that He is willing to give you peace of mind.

6. STAY POSITIVE

How many times have I told myself in times of stress: “Maintain a positive and tranquil mind”? The Apostle Paul experienced severe difficulties and great stress. He
wrote: “From the Jews five times I received forty stripes minus one. Three times I was beaten with rods; once I was stoned; three times I was shipwrecked; a night and a day I have been in the deep” (2 Corinthians 11:24–25).

How did Paul cope with those stresses? He focused on maintaining a positive attitude! Even while he was in prison, he wrote encouragement to others. Paul exhorts us to think on these subjects: “Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you” (Philippians 4:8–9).

Think about those things that are true! What is truth? Christ prayed to the Father: “Sanctify them by Your truth. Your word is truth” (John 17:17). The Bible, God’s word, is truth. Think about those scriptures that are important to you. Read your Bible. Mark, highlight or underline those verses that mean something special or significant to you! We must read the Bible. I encourage you to read your Bible every day! God’s word will inspire you. It will help clean up your thoughts and mind. As Jesus said in John 15:3, “Now ye are clean through the word which I have spoken unto you” (John 15:3, KJV).

On what else should you meditate? Consider “whatever things are lovely” (Philippians 4:8). Some-times, when I want to counteract stress, I focus on lovely, picturesque scenes that I have seen in my travels. I think of the sunsets that I have seen, or of lakes and mountains and beautiful rainbows.

Meditate on the positive and you will reduce stress!

7. SET THE RIGHT GOALS

We have considered six ways to reduce stress. But is all stress bad? Not necessarily. Endocrinologist Hans Selye defines stress as: “the nonspecific response of the body to any demand made upon it” (Stress Without Distress, p. 14). This definition accounts for “good” types of stress—for example, a promotion at work—as well as “bad” stress such as finding that you have bounced a check. Physiologically, both “good” and “bad” stress are the same—they result in increased blood pressure, increased respiratory rates, increased digestive activity, increased sugar and fatty acids in the circulatory system, increased metabolism, increased sodium retention and decreased immune function.

We need motivation to be successful in life. We need healthy, positive stressors in our life to make it enjoyable and interesting. Certain stressors also help us to be more productive. Deadlines, and rewards for completing tasks, can motivate us. Physician Jerrold Greenburg explains, “The goal of stress management is not to eliminate all stress…. Our goal should be to limit the harmful effects of stress while maintaining life’s quality and vitality” (Comprehensive Stress Management, p. 12).

Can we achieve that goal? As we have seen, the Bible reveals the way to peace of mind and success. We must choose the greatest goal and priority in life. Christ said, “But seek first the kingdom of God and His righteousness, and all these things shall be added to you” (Matthew 6:33).

You can have the power of Jesus Christ to achieve your goals! Remember: “God has not given us a spirit of fear, but of power and of love and of a sound mind” (2 Timothy 1:7). Remember the Apostle Peter’s admonition on the Day of Pentecost: “Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit” (Acts 2:38).

Millions around the world are affl  icted with severe stress and anxiety disorders. But you can overcome stress. Thank God for His exceedingly great and precious promises—and apply these strategies for overcoming stress!

Prayer is one of the most powerful strategies for overcoming stress. Do you know how to pray so that God will hear you and answer your prayers?

Write for our FREE booklet, Twelve Keys to Answered Prayer, or download it from the Booklets section of our Web site www.TomorrowsWorld.org.
The True Gospel Proclaimed!

Most professing Christian churches today believe they are following the instructions of Jesus to “go into all the world and preach the gospel” (Mark 16:15). Many sincere efforts have been made to preach a nice-sounding message that God loves everyone, Jesus died to save sinners and that by accepting Jesus as your Savior you will go to heaven. However, what most professing Christians do not realize is that they have accepted a different gospel than Jesus and the Apostles proclaimed!

Bible prophecies reveal the gospel of Jesus would be corrupted, the world would be deceived into believing a false gospel, but the true gospel would be restored and proclaimed just before the return of Jesus Christ. Those prophecies are coming alive today!

**The True Gospel**

It is eye-opening to compare the gospel Jesus proclaimed with the gospel preached in most churches today. Jesus did not go around asking people to “give their hearts to the Lord” and say a short prayer so they could be saved.

Numerous scriptures plainly record the clear message that “Jesus came into Galilee, preaching the gospel of the kingdom of God, and saying… the kingdom of God is at hand. Repent, and believe in the gospel” (Mark 1:14–15). In the book of Matthew, Jesus refers to His coming death and resurrection only three times, yet He refers to the coming kingdom of God more than 30 times! Mark and Luke record a similar emphasis. When Jesus commissioned His disciples, “He sent them to preach the kingdom of God” (Luke 9:2). Jesus taught that those who are converted, who become humble and teachable, will be “the greatest in the kingdom of heaven” (Matthew 18:1–5). Jesus promised the Apostles they would “sit on twelve thrones, judging the twelve tribes of Israel” in the coming kingdom (Matthew 19:23–30). When Christ appeared to His disciples after the resurrection, the kingdom of God was the main topic of discussion (Acts 1:1–7).

The Apostles proclaimed the same message. When Philip went to Samaria, “he preached the things concerning the kingdom of God and the name of Jesus Christ” (Acts 8:12). At the end of his ministry, Paul was still “preaching the kingdom of God and teaching the things which concern the Lord Jesus Christ” (Acts 28:23, 31). The Apostle John explained that believers will be “kings and priests to our God; and we shall reign on the earth” with Christ during the Millennium (Revelation 1:4–8; 5:10; 20:4–6). The Bible states that, apart from Jesus, “no one has ascended to heaven” (John 3:13), not even King David (Acts 2:29–34; 13:36). So, we need to ask: What happened to the message Jesus and His Apostles proclaimed?

**A Different Gospel**

Jesus warned us to “beware of false prophets, who come to you in sheep’s clothing” (Matthew 7:15–19). He foretold that at the end of the age, “many will come in My name… and will deceive many” (Matthew 24:3–5, 11). The Apostle Paul admonished elders in Ephesus, “after my departure savage wolves will come in among you, not sparing the flock… from among your own selves men will rise up, speaking perverse things, to draw away the disciples after them” (Acts 20:28–31). Paul warned the Corinthians not to be deceived by people preaching “another Jesus… a different spirit… a different gospel” (2 Corinthians 11:1–4). Yet the corruption of the true gospel began during the days of the Apostles!

In a letter to the brethren in Galatia, written circa 52AD, Paul wrote, “I marvel that you are turning away
so soon… to a different gospel… there are some who trouble you and want to pervert the gospel of Christ” (Galatians 1:6–7). In this instance, false teachers were insisting that a man had to be circumcised to become a Christian—which was not true (Galatians 2:3–5; 5:1–15). In these chapters Paul explains that no one is justified by performing the ritualistic washings and other related ceremonies perpetuated by the Jewish religious establishment.

Sadly, false teachers later twisted Paul’s words into a false teaching that Christians need not to obey the Ten Commandments or keep the biblical Sabbath or Holy Days. Remember, Jesus kept the commandments, the Sabbath and Holy Days and taught that we should, too (Matthew 19:16–22; John 14:15; Luke 2:41–42; 4:16; John 7:8–10). His disciples followed and taught the same things (see Acts 13:42–44; 17:2; 18:21; Romans 2:13; 1 Corinthians 5:8).

Contrary to what many believe and teach today, the true gospel proclaimed by Jesus and His Apostles was corrupted in the early centuries after Christ, replaced by a false gospel that today passes for “mainstream Christianity”—a twisted version of the true gospel, which has absorbed many non-Christian ideas. Some may find this shocking, but it is not a groundless or irresponsible claim. The Encyclopaedia Britannica makes this revealing statement, “transplanted into the Greek world-view, inevitably the Christian teaching was modified—indeed transformed… Messianic hopes were forgotten… the notion of the kingdom of Christ on earth… all but disappeared, remaining only as the faith of obscure groups… the way of salvation was modified, so too was the idea of salvation… especially after the Roman Empire adopted salvation Christianity… salvation henceforth is not the descent of the New Jerusalem out of heaven, but the ascent of the saints to heaven, for the individual it is not the resurrection of the physical body, but the immortality of the soul” (“Christianity,” 11th ed.).

Historian Edward Gibbon makes a similar observation. He writes that the doctrine of the millennium—the earthly reign of Christ and the saints in the kingdom of God—was carefully taught by early Church theologians and “appears to have been the reigning sentiment of the orthodox believers”—yet this fundamental teaching was discarded (The Decline and Fall of the Roman Empire, chapter 15). He states, “The doctrine of Christ’s reign upon earth was first treated as a profound allegory, was considered by degrees as a doubtful and useless opinion, and was at length rejected as the absurd invention of heresy and fanaticism” (ibid.). That is what happened to the true gospel! Gibbon also records that the early Church “united the law of Moses with the doctrine of Christ… rejected the immortality of the soul as an opinion that received no countenance from the divine book” and abhorred pagan customs like the Saturnalia—now kept as Christmas (ibid.)—yet these are now viewed as basic tenets of mainstream Christianity!

The Bible reveals that several key events will occur just before the end of this age. Significantly, Jesus stated that the proclaiming of the true gospel would prepare the way for His second coming. He prophesied that “this gospel of the kingdom will be preached in all the world as a witness to all the nations and then the end will come” (Matthew 24:14). The magazine you are holding in your hands is a part of that continuing witness—a witness that for more than half a century has proclaimed the true gospel in print to millions around the world. The Tomorrow’s World telecast and the www.TomorrowsWorld.org Web site are also key aspects of that prophesied witness. To discover more about this vital subject, request our free booklet, Do You Believe the True Gospel? These important prophecies are coming alive today!

—Douglas S. Winnail
Frustration, humiliation—then desperation. Mohamed Bouazizi was trying to support his family as a street vendor when Tunisian police confiscated his vegetable cart and produce. They claimed he lacked a permit. When Bouazizi complained, he reportedly was slapped and humiliated by a female municipal official. In protest, on December 17, 2010, he burned himself to death in an act of self-immolation that sparked a wave of protests—leading to the toppling of Tunisia’s 26-year-old Ben Ali regime. This set off a series of further protests across the Middle East in what some have called the “Tunisian Wind.”

How will these protests ultimately be resolved? Will the “Tunisian Wind” become a storm of radical Islamism that will change the political and social landscape of the Middle East? Commentators struggle to find a context, but few realize that Bible prophecy offers answers available nowhere else.

Secular analysts repeatedly point out that no one can predict the course of these events, and they can only outline a variety of options. Some take heart in finding even the slightest evidence that today’s instability may lead to the formation of Western-style democracies. Others expect to see more nations revert to dictatorships. But nearly all recognize the likelihood—and the danger—that more “Islamist” governments may be on the horizon.

“Islamist” political philosophy advocates the rule of nations (and eventually the whole world, through conversion or conquest) by the many centuries of Sharia law built on the foundation of the Muslim holy book, the Qu’ran. A handful of nations are already governed by some form of Sharia law, including Afghanistan, Iran, Saudi Arabia, Sudan and Yemen. Other countries, such as Egypt, Morocco, Jordan, Pakistan, Syria, Qatar and the United Arab Emirates have blended Sharia with other systems.

Some Muslims, especially those living in countries where Islam is a minority religion, profess that their faith does not require them to press for the establishment of Sharia law. These are usually tagged as “moderates” in contrast to those who favor strict Islamic law. What we are seeing in the Middle East at present is viewed by many as the rise of the Islamists and the decline of the “moderate” Muslims.

**A LINCHPIN REMOVED?**

With the exception of Israel and Turkey, the countries of the Middle East have historically had authoritarian governments. Repression, poverty and corruption have continually fed popular dissatisfaction. Now, however, change is sweeping the region. In February 2011, after three decades of authoritarian rule, President Hosni Mubarak of Egypt was forced out of office by his own military acting with widespread popular support. Similar unrest has spread to other countries as well.

Egypt has been the linchpin of U.S. geopolitics in the Middle East, ever since the 1979 Egypt-Israel Peace Treaty, in which Israel returned to Egypt the Sinai Peninsula territory it captured during the Six-Day War of 1967—a conflict that had been a disaster for Egypt. In return, Egypt agreed to recognize Israel’s right to exist.

In connection with the treaty, the United States agreed to provide massive financial aid to Egypt—typically in the range of US$1.3 billion annually, most of which has gone to Egypt’s military to keep its successive regimes in power. We should remember that the rulers of Egypt over the last half-century—Gamal Abdel Nasser, Anwar Sadat and Hosni Mubarak—were all military officers who held power chiefly because of military support.

The treaty allowed Egypt to obtain U.S. equipment and arms, which had to be maintained with U.S. parts and U.S. maintenance contractors.
Egypt could no longer afford to attack Israel, because unless the U.S. continued to supply its massive funding, Egypt’s military would quickly grind to a halt, which would jeopardize the Egyptian rulers’ authoritarian control of their nation.

Without Egypt as a potential aggressor, the prospect of an Arab military conquest of Israel became far less feasible. So, for more than 30 years, an uneasy peace has been maintained between Egypt and Israel. But has it been a popular peace? We should remember that, because of his efforts for peace, Egypt’s Sadat was assassinated on October 7, 1981 by a group of Islamist nationalists associated with the Muslim Brotherhood.

**The Winds of Change Are Blowing**

The Egyptian military now faces a daunting task—to preserve an appearance of change, post-Mubarak, while keeping the old arrangement functionally in place. This may prove to be very difficult, in light of the winds of Islamism blowing across the Middle East. Revolutions can have unpredictable outcomes, and are often co-opted by hostile forces.

Consider the case of Iran. As Gerald F. Seib reported in the Wall Street Journal, “It is often forgotten now, but the path of Iran’s revolution wasn’t clear from the outset. Initially, the post-revolutionary government was led by secular leftists. It took months and a national referendum to decide Iran would be an Islamic republic, and longer still to write an Islamic constitution. Ultimately, it wasn’t until the impeachment of secular President Abulhassan Banisadr in 1981 that clerical dominance in the Iranian regime became clear.” (“Capital Journal,” Wall Street Journal, February 1, 2011, p. A8).

Even so, Egypt’s next crisis may be financial rather than political. For now, the military is firmly in control of the country, but it does not control the international lenders who have been keeping Egypt afloat. Like Greece, Ireland, Portugal and Spain, Egypt too has been borrowing money at unsustainable levels—7 percent to 9 percent of GDP—and its debt is increasing. It has been reported that Egypt’s military has been taking out loans from Egypt’s banks—loans that it plans never to pay back. A full-fledged crisis of banking and sovereign debt may be inevitable in Egypt.

**A Streetcar Named Democracy**

Recep Tayyip Erdogan, currently Prime Minister of Turkey, was formerly a radical Islamist. He once quipped, “Democracy is like a streetcar. You ride it until you arrive at your destination and then you step off.” (“Moment of Truth for the EU and Turkey,” Turkish Daily News, November 10, 2006). Currently, Erdogan supports a moderate Islamism in Turkey, but in his policies he has been hostile to Israel and friendly to radical Iranian leader Mahmoud Ahmadinejad.

Turkey’s bid for full EU member status has been stalled since 2006. Since then, some fear that Erdogan’s administration may be turning its back on the west and looking eastward. Turkey’s military was formerly the bulwark of support for the nation’s secularism, but under Erdogan the military’s political power has been reduced significantly.

Frequently, when Muslim-majority nations have the opportunity to hold democratic elections to choose their government, they elect Islamist candidates—even when those candidates oppose the very democracy that allowed their election. In 2006, when voters in the Palestinian Authority territories chose members of the Palestinian Legislative Council, they could choose between the Fatah party which acknowledges Israel’s right to exist, and the Hamas party—an Islamist group that remains violently opposed to Israel’s existence. A plurality voted for Hamas. Since then, Hamas has gained strength among Palestinians, and few believe that the organization is truly committed to democracy. Votes or not, it is assumed, Hamas will continue to press its agenda of Islamist theocracy and Sharia law—a Caliphate in miniature.

**What Is the Caliphate?**

The term *Caliphate* means the “dominion of a Caliph” and refers to the system of government originally established under Islam. Under the Caliphate, the head of state is the *Caliph* who governs in accordance with Islamic law, also known as Sharia.

A majority of Muslims belong to the Sunni branch of Islam, which teaches that the head of state—the Caliph—should be elected by Muslims or their representatives. Adherents of the minority Shiite branch, however, hold that the Caliph should be an imam (religious leader) descended in a line from the household of Muhammad.

In historical practice, however, Caliphs routinely fulfilled neither of these requirements. After the first four Caliphs following Muhammad, there were often two simultaneous Caliphs, ruling as heads of dynasties not unlike European kings. The institution of the Caliphate lasted into the 20th century, with the last Caliphate abolished by the secular Turkish Republic in 1924.

Of course, just as many “nominal Christians” are only minimally engaged in their faith, so too among Muslims is there a broad spectrum of belief and practice. At one extreme there are “cultural Muslims” who are largely secular and whose faith is little more than an expression of their national or family traditions. At the other extreme there are...
militants who hope to kill as many of their enemies as possible before dying as martyrs for the spread of Islamist theocracy around the globe. In the middle are hundreds of millions of faithful Muslims who strive to practice their centuries-old faith devoutly while adapting to the realities of modern society.

So, what percentage of Muslims would support the reestablishment of the Caliphate? Remember, only about 315 million Muslims—20.1 percent of the world’s 1.57 billion Muslims—live in the Middle East. These are the Muslims whose views are most pertinent to the current crisis—and, overall, they are more enthusiastic about a Caliphate than the average Muslim around the world. The Pew Research Center recently conducted a survey of Muslim attitudes in several Muslim countries. Their survey, released December 2, 2010, revealed some remarkable attitudes: “About eight-in-ten Muslims in Egypt and Pakistan (82 percent each) endorse the stoning of people who commit adultery; 70 percent of Muslims in Jordan and 56 percent of Nigerian Muslims share this view. Muslims in Pakistan and Egypt are also the most supportive of whippings and cutting off of hands for crimes like theft and robbery; 82 percent in Pakistan and 77 percent in Egypt favor making this type of punishment the law in their countries, as do 65 percent of Muslims in Nigeria and 58 percent in Jordan. When asked about the death penalty for those who leave the Muslim religion, at least three-quarters of Muslims in Jordan (86 percent), Egypt (84 percent) and Pakistan (76 percent) say they would favor making it the law” (“Muslim Publics Divided on Hamas and Hezbollah,” December 2, 2010).

The Pew study also found that, in Egypt, 95 percent of Muslims said that it is good for Islam to play a large role in politics. 80 percent said that it would be bad for Islam to play a small role in politics. It is little wonder that Muslims frequently vote for Islamist parties when they are permitted a choice.

But what about reestablishing the Caliphate itself? A University of Maryland study reported the following: “Do average Muslims dream of the Caliphate rule? Analyzing data from four Islamic countries [gathered by the Program on International Policy Attitudes] in 2007, the answer is yes. Survey respondents indicated whether their primary identification was religious or nationalistic, and whether they support an Islamic world unified under a Caliph. Support among Muslim and national identifiers is substantial (77 percent and 67 percent respectively)” (“Support for the Caliphate and Radical Mobilization,” START Research Brief, January 2008).

The study found that substantial majorities of Muslims in the four countries surveyed—Indonesia, Pakistan, Egypt and Morocco—supported the reestablishment of the Caliphate! Of all those surveyed, between 54 percent and 87 percent favored it. Of course, it should be noted that Islamist groups differ widely on how to achieve this goal. For instance, Indonesia’s Hisbut Tahrir favors the non-violent electoral route. Al-Qaeda, as we know, favors terror.

So, will the “Tunisian Wind” gain force and become an “Islamist Storm”? It is a major step to go from dictatorship to Sharia law, and an even more momentous step to go from Sharia law to a Caliphate—but support for such a development is widespread across the Middle East. Demands for democracy are sweeping the Middle East, leading some in the West to envision Western-style democracies taking root. However, we should remember that under Sunni Islam, the Caliph is elected. A democratic restoration of the Caliphate may now be thinkable!

The Caliphate’s Attack on Europe

Many people today are unaware of the long history of violent conflict between Europe and the Islamic Caliphate. After Muhammad died in 632 AD, Islam was spread by conquest across the Middle East and Northern Africa. In 711 AD, the Ummayad Caliphate began its successful conquest of Spain by landing at Gibraltar. Conquered Spain became known as al-Andalus. Muslim armies pushed northward, capturing large portions of France until they were finally stopped in 732 AD at the Battle of Tours. Muslims also occupied Sicily and southern Italy—they raided Rome, looting St. Peter’s Basilica. The western Caliphate was actually seated in Cordoba, Spain from 929 AD to 1031 AD—which is why, among Muslims, Cordoba has long been a symbol of Islamist success in the West.

In 1492, after centuries of warfare, Muslims were finally pushed out of Granada, Spain, their last stronghold in Roman Catholic Western Europe. However, the fighting continued for centuries more in Eastern Europe, where large areas were conquered and occupied by the Muslims. There were
actually three attacks by the Turkish Caliphate on the seat of the Holy Roman Empire in Vienna, Austria. Not until 1718, upon Hungary’s independence from Ottoman rule, did the Caliphate finally retreat from Eastern Europe, ending more than a thousand years of wars in Europe.

Pope Benedict XVI wrote, “The two halves of the old Europe, before the modern era, had known essentially only one opponent that it had to confront in a life-or-death battle, namely, the Islamic world” (Europe Today and Tomorrow, p. 22). Catholic Europe’s existential struggle against Islamic conquest contributed to the common identity of Europe, because it helped Europeans to think that they had a common fate in opposing the Islamic Caliphate that for more than a thousand years sought conquest in Europe.

The trauma of those wars lies deep in the consciousness of Europe. If the Caliphate is reestablished in the Middle East, it must have a profound effect on the collective identity of the Europeans. It has been less than 300 years since Europe last faced the threat of another Muslim invasion—a threat that was instrumental in the formation of a shared European identity throughout the Middle Ages. Now, however, there is again a perceived and stated threat from Islamists, as Muslim extremists call for “holy war” and restoration of the Caliphate. Hassan al-Banna, the founder of Egypt’s Muslim Brotherhood, wrote, “Andalusia [the Muslim name for Spain], Sicily, the Balkans, south Italy, and the Roman sea islands were all Islamic lands that have to be restored to the homeland of Islam… it is our right to restore the Islamic Empire its glory.” (Wall Street Journal, “Understanding the Muslim Brotherhood,” Bret Stephens, February 15, 2011, p. A13).

If the Islamic Caliphate is restored, it will have a profound effect on Europe. The religious winds that are blowing across the Middle East can blow across Europe as well!

IN THE MIDST OF PROPHETIC TIMES

God prophesied that in the years just prior to Christ’s return, the Jews will return to Jerusalem and Judea, where they will be opposed by the surrounding nations. “In that day I will make the governors of Judah like a firepan in the woodpile, and like a fiery torch in the sheaves; they shall devour all the surrounding peoples on the right hand and on the left, but Jerusalem shall be inhabited again in her own place—Jerusalem” (Zechariah 12:6). In recent decades, this remarkable prophecy has been fulfilled before our eyes.

The Bible reveals that later in this same time period, a great religious-political power will arise, as a revival of the Holy Roman Empire—the same empire that was threatened by attacks from the Caliphate for more than a thousand years. This revival will be an alliance of ten nations or groups of nations, some that will be strong and others weak (Daniel 2:31–46). This power will be involved in a covenant that will allow the Jews to resume their sacrifices on the Temple Mount (Daniel 9:27; 11:31; 2 Thessalonians 2:4). Such a revival of Jewish practice would galvanize Muslim opposition, yet preparations for those sacrifices are being made today by Orthodox Jews familiar with the ancient rituals.

Biblical prophecy also reveals that a power will arise, to the south of Jerusalem, that will “push at” or provoke this powerful “king of the north.” The northern power will defeat this “king of the south,” and in the process Jerusalem will be overrun and occupied (Daniel 11:40–45). Finally, when the Temple Mount sacrifices are stopped, the prophesied “Great Tribulation” will begin—culminating with the return of the Messiah, Jesus Christ!

The Bible gives a context that the secular world is unable to see. The God of Abraham, Isaac and Jacob said, “For I am God, and there is no other; I am God, and there is none like Me, declaring the end from the beginning, and from ancient times things that are not yet done, saying, ‘My counsel shall stand, and I will do all My pleasure’” (Isaiah 46:9–10). This God has much to say about what will happen in the Middle East—so, who can afford to ignore it? If we believe what God said, we can understand current events in the context of Bible prophecy, and be prepared when end-time events soon surge to their prophesied climax. Are you ready?

THE MIDDLE EAST IN PROPHECY

As turmoil sweeps across the Middle East, those who understand Bible prophecy can understand what is happening—and why—and what it will mean to our future. Order this booklet and find out for yourself!

Write for our FREE booklet, The Middle East in Prophecy, or download it from the Booklets section of our Web site www.TomorrowsWorld.org.
More than 6.5 million children die from malnutrition and hunger-related diseases each year. About 925 million humans suffer malnourishment (wfp.org, Fact Sheet: Hunger, 2011). In February 2011, food costs increased “the most in two and a half years” and “more food and gas price increases are in the pipeline” (New York Times, March 17, 2011). In the face of these grim realities, many do not realize just how close the world is to unprecedented global famine. Many are not prepared for the ride of the black horse.

Years of grinding drought in nations such as Argentina, Australia, Ukraine, Tanzania, Russia and China have killed millions of cattle and severely reduced annual global wheat production. Then, in recent months, a cyclone and the worst flooding in more than 200 years inundated much of previously drought-stricken Australia, destroying about a quarter of Queensland’s sugarcane crop, killing or injuring nearly 30,000 sheep and killing more than 330,000 chickens (The Age, February 7, 2011).

In early 2011, “the worst freeze in sixty years” caused “unprecedented crop losses” in Mexico and the southwestern United States, tripling produce prices in just a few days (KGW News, February 11, 2011). Global food fears have driven nations like Indonesia to purchase up to five times the amount of rice as expected (Reuters, February 9, 2011), and food price inflation was one of the sparks that ignited the recent demonstrations in the Middle East and North Africa!

In Matthew 24, Christ outlines the order of events that will precede His return—events that precisely parallel the seals in Revelation 6. The First Seal is religious deception and religious wars (Matthew 24:5; Revelation 6:1–2). The Second Seal is regional and ethnic war throughout the earth (Matthew 24:6–7; Revelation 6:3–4). The Third Seal is unprecedented famine (Matthew 24:7; Revelation 6:5–6). The Fourth Seal is pestilence and mass death (Matthew 24:7; Revelation 6:7–8). The first four seals will bring about the sudden collapse of much
of the Western world (Isaiah 30:12–13; 1 Thessalonians 5:3-7). This will swiftly lead to the opening of the Fifth Seal, which is the “Great Tribulation” (Matthew 24:21–22; Revelation 6:9–10). The “ten kings” of Revelation 17:12–14 will be subordinate to a dominating ruler known as the “Beast” (v. 13) and the “king of the North” (Daniel 11:40–41). Under the influence of a powerful false religion, this “king” will make martyrs of God’s people (Revelation 17:1–6).

The final revival of the ancient “Holy Roman Empire” will be led by a “great nation”—a “cruel” and merciless people from “north” of the Holy Land (Jeremiah 6:22–26), the “rod” of God’s anger (Isaiah 10:5–6). Reeling from the first Four Seals, the modern Israelitish nations will fall “suddenly” (Jeremiah 15:1–8) and their cities will be laid waste (Ezekiel 12:20). Survivors will be taken captive throughout the world (Deuteronomy 28:68; Ezekiel 27:12–13; Revelation 18:9–13).

**HOW CAN WE PREPARE?**

Daniel 12:7–12 reveals three major events prior to Christ’s return. These events are the “blessing” at 1,335 days (v. 12), the “abomination of desolation” at 1,290 days (v. 11) and the beginning of the Great Tribulation at 1,260 days (v. 7). As the Church of God has long taught, “A blessing is pronounced on us—GOD’S CHURCH—who wait and endure until the 1,335 days—approximately 1,335 days prior to Christ’s coming” (“The Time We Are In, Now,” Good News, January 1980, p. 23).

Why is this blessing pronounced? In the Olivet prophecy, Christ promises, “But he who endures to the end shall be saved” (Matthew 24:13). At the end of this age, there will endure a faithful body persevering in preaching the good news of the soon-coming Kingdom of God and warning the world to repent of sin (Matthew 4:17; Luke 24:47)! These are those whom God finds persevering and enduring in doing the Father’s will (John 4:34; 5:30). These are those whom Christ proclaims, “have kept My command to persevere,” so He will then “keep [them] from the hour of trial which shall come upon the whole world” (Revelation 3:10).

Instead of “nourishing” ourselves in sin or carnal pursuits, we should prepare for the coming days of famine by persevering and enduring in righteousness, expectantly waiting for Christ’s return. We should more diligently “feed on Christ” (John 6:54–57) through increased daily Bible study and fervent prayer. Jesus said, “Man shall not live by bread alone, but by every word of God” (Luke 4:4). If we become truly repentant, zealous for the truth, and seek spiritual nourishment now, then God promises us blessings in times of famine, and eternal life in His Kingdom!

King David wrote, “Behold, the eye of the LORD is on those who fear Him, on those who hope in His mercy, to deliver their soul from death, and to keep them alive in famine” (Psalm 33:18–19). And, “I have been young, and now am old; yet I have not seen the righteous forsaken, nor his descendants begging bread” (Psalm 37:25). And Jesus Christ proclaimed that sustenance is guaranteed for those who “seek first the kingdom of God and His righteousness” (Matthew 6:31–33)!

Notice the conditions! God provides for those who “fear Him” and are “righteous.” To fear God is to keep His commandments (Deuteronomy 13:4; Ecclesiastes 12:13). To love God is to keep His commandments (1 John 5:2–3). God meets the physical needs of those who seek “first”—more than anything else—“the Kingdom of God and His righteousness.” We cannot claim God’s blessings if we fail to build a personal relationship with Jesus Christ, or if we choose a life of sin and rebellion over a life of faithfulness.

Only the Father knows the precise timing of these end-time events (Matthew 24:36). But times of great scarcity are coming, including a time of famine of hearing the word of God (Amos 8:11)! The wise are cautious and avoid danger. They do not ignore global warning signs and the clear words of Scripture! But, “fools plunge ahead with great confidence” (Proverbs 14:16, NLT). We must nourish ourselves spiritually now. If we do, then God will bless us now and always. We can choose wisdom or foolishness. Remember, “The LORD will not allow the righteous soul to famish, but He casts away the desire of the wicked” (Proverbs 10:3).

—Wyatt Ciesielka
It was not the front page headline of that day’s *Wall Street Journal*, but its message deserves the attention of all Americans who currently enjoy their way of life. In Kelly Evans’ small column deep within that paper on February 17, 2011, the title concisely explained what most Americans do not yet understand: “A Standard-of-Living Shock Is the Danger.”

The first sentence of the article explained the most pertinent fact: “The threat of inflation is real. It is just a different threat than many realize.” That misunderstood threat is being driven by commodity prices, which in turn are driven more by emerging nations than by what the article calls the “rich-but-stagnating industrial nations.”

Who are the “rich-but-stagnating” nations? They are nations like the United States! The article points out that the U.S. is not prepared for what all the financial signals indicate may be coming. And what is coming? The last line of the article puts it bluntly: “The real risk is that the U.S. faces a poverty cycle rather than an inflationary one.”

A “poverty cycle”? Yes. The real danger facing the U.S. in the coming years is that it may become impossible to maintain its prior standard of living—its former way of life, which most citizens have taken for granted.

Impossible? Just consider: As writer Evans points out, the median income for American men in 2009 was actually lower in real terms (adjusted for inflation) than it was in 1973! America’s standard of living has already declined from its peak, yet the nation is not even remotely prepared for what may come. “Leaders” seem to continue in a state of denial—or, perhaps, in a state of political paralysis, realizing that the unpopularity of genuine solutions makes them untenable in a democratic nation where the voters would reject both the solutions and the elected officials who would propose them.

Are you prepared to endure a “poverty cycle”? The book of Revelation describes a coming time when the prices of needed goods are incredibly high: “When He opened the third seal, I heard the third living creature say, ‘Come and see.’ So I looked, and behold, a black horse, and he who sat on it had a pair of scales in his hand. And I heard a voice in the midst of the four living creatures saying, ‘A quart of wheat for a denarius, and three quarts of barley for a denarius; and do not harm the oil and the wine’” (Revelation 6:5–6).

Bible prophecy warns of a time when the fundamental staples just are not available. Consider these scriptures: “Has anything like this happened in your days, or even in the days of your fathers? … the day of the LORD is at hand… the field is wasted, the land mourns, the grain is ruined… the animals groan … the water brooks are dried up” (Joel 1:1–20).

Also: “The earth mourns and fades away… the earth is also defiled under its inhabitants, because they have transgressed the laws, changed the ordinance, broken the everlasting covenant. Therefore the curse has devoured the earth” (Isaiah 24:4–6).

What is the underlying cause of this standard-of-living shock? It is that people “have transgressed the laws, changed the ordinance, broken the everlasting covenant. Therefore the curse has devoured the earth” (Isaiah 24:4–6).

A standard-of-living shock is, indeed, coming—but not because of monetary policy or political wrangling. The root cause will be sin: America’s sin and its general unwillingness to seek the God who is the source of real security and abundance—the God who “gives you power to get wealth” (Deuteronomy 8:18).

Of course, if national sin is the cause, then national repentance is the answer! But even if your nation will not repent as a whole, you can personally repent and receive God’s protection in the difficult times ahead.

To learn more about what you can do to be part of the solution, and to protect your family from the worst of what is to come, read our free booklet, *The United States and Great Britain in Prophecy*.

—Wallace G. Smith
Solving the Mystery of Marriage
Continued from page 12

source: broken families” (Stanton, p. 100).

Certainly, many children display remarkable resilience, and are able to overcome many difficult challenges life throws at them. Many parents who find themselves in less-than-ideal circumstances are doing the very best they can to provide a safe and positive home for their children. But this does not diminish the truth that there is no evidence supporting the agenda of those who want to portray “alternative” living arrangements as equal or superior to the traditional family.

The Ultimate Goal:
A Spiritual Family!

God certainly wants husbands and wives to lead fulfilling lives, and to nourish children in a healthy two-parent family. But your Bible actually reveals an even greater purpose for marriage. Not only are husbands and wives building physical families; they are modeling God’s plan to build a spiritual Family!

God is called our “Father” in heaven (Matthew 6:9). As our Father, He offers human beings spiritual sonship, saying, “…I will be a Father to you, and you shall be My sons and daughters, says the Lord Almighty” (2 Corinthians 6:18). The Apostle Paul further explained this familial relationship, stating that “the whole family in heaven and earth” is named after the Father (Ephesians 3:14–15).

Who is eligible to be part of the God Family? Not the animals. And not even the angels. “For unto which of the angels said he at any time, Thou art my Son, this day have I begotten thee? And again, I will be to him a Father, and he shall be to me a Son?” (Hebrews 1:5–6, KJV). Amazingly, out of all of God’s creation, only human beings have the awesome potential to become spiritual sons and daughters of God! Just as a human father begets physical children through his physical “seed,” our heavenly Father is begetting spiritual children through His Spirit.

“For as many as are led by the Spirit of God, these are sons of God” (Romans 8:14). Also, the Spirit “bears witness with our spirit that we are children of God” (v. 16).

Begotten upon receiving the Holy Spirit, today’s Christians look forward to being “born” into God’s Family at the resurrection, as Christ explained to Nicodemus (John 3:3–8).

Joint-Heirs with Christ

So, why is God creating spiritual sons to be born into His spiritual Family? Because He wants to share His creation! Paul explains that, as His children, we are “heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together” (Romans 8:17).

What will God’s children “inherit” at the resurrection? The opportunity to be Spirit-comprised beings with never-ending life. Yes, eternal life is not inherent in us; it is God’s gift. “For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord” (Romans 6:23). God’s children will also inherit their father’s “property”—the whole universe! As Paul explains: “You have put all things in subjection under his feet. For in that He put all in subjection under Him, He left nothing that is not put under him. But now we do not yet see all things put under him” (Hebrews 2:8).

The implications of that verse are truly staggering. God is bringing “many sons to glory” (v. 10) so that they may share in His whole creation, and join Him in ruling the vast universe!

No Going Back?

Some believe that marriage in the Western world has suffered a mortal blow and will never recover. Commenting on a survey revealing trends in the U.S., professor Stephanie Coontz observed that there are “inexorable signs that there is no going back to a world where we can assume that marriage is the main institution that organizes people’s lives.”

Marriage may indeed collapse in the Western world. If so, our nations will collapse with it. Thankfully, we can rejoice that Jesus Christ—after His triumphant return as King of kings, bringing peace to all the world—will usher in a renaissance for marriage and the family. Through the prophet Isaiah, God foretells that under Christ’s soon-coming rule, “They shall not hurt nor destroy in all My holy mountain, for the earth shall be full of the knowledge of the Lord as the waters cover the sea” (Isaiah 11:9).

Marriage will indeed become a cornerstone of society under the reign of Christ. Husbands and wives will learn to love and support one another, and to fulfill their roles and responsibilities toward their Savior. Together they will nurture their children “in the training and admonition of the Lord” (Ephesians 6:4). And it will all point toward their ultimate destiny—to be born into the very Family of God.

Why marriage? For those who have eyes to see, it is no mystery.
A “Way” of Life
Continued from page 2

forefathers that if our peoples turned aside and began to “act corruptly” and to “do evil” in His sight, then He would intervene to shake us to our senses (Deuteronomy 4:23–25). “I call heaven and earth to witness against you this day, that you will soon utterly perish from the land which you cross over the Jordan to possess; you will not prolong your days in it, but will be utterly destroyed. And the LORD will scatter you among the peoples, and you will be left few in number among the nations where the LORD will drive you” (vv. 26–27). God said that we would be left “few” in number and would become completely idolatrous until we were truly humbled and began to “seek” Him with all of our hearts (vv. 28–29).

And when would all of this take place? “When you are in distress, and all these things come upon you in the latter days, when you turn to the LORD your God and obey His voice” (v. 30).

We are certainly now in these “latter days”! We are now capable of destroying all human life on this planet, as Jesus predicted in Matthew 24. We are now extremely corrupt, just as the Apostle Paul predicted for the latter days in 2 Timothy 3:1–5: “But know this, that in the last days perilous times will come” (v. 1). And so a number of factors seem to be coming together to bring about the final humbling and chastening of our peoples. In a “dual” prophecy—applicable before Israel's first captivity and now again at the time of the end—God stated: “And after all this, if you do not obey Me, then I will punish you seven times more for your sins. I will break the pride of your power; I will make your heavens like iron and your earth like bronze” (Leviticus 26:18–19).

That is one reason for the existence of this magazine. We want to warn all our readers about the dangers ahead, and to help those God calls to live His Way and recapture in their own lives the original Christianity of Jesus and His Apostles—the only true Christianity, and the Way that will bring blessings and joy, even in the midst of our troubled world.

We at Tomorrow's World are striving our best, with God’s help, to do the “Work” that Jesus Christ commanded. Read my article on page 4 of this magazine to learn more about what this entails. This very “Work” of proclaiming God’s message through this magazine and the Tomorrow’s World television program is now being used by God to warn the world, and to warn and help you—if you are willing to listen. For we are being used by God to help prepare the way for the coming Kingdom of God on this earth, which alone will bring genuine peace and joy. The true God warns the deceived nations (Revelation 12:9) of this world, “Look among the nations and watch—be utterly astounded! For I will work a work in your days which you would not believe, though it were told you” (Habakkuk 1:5).

For your sake, for your very survival—I pray that many thousands of you dear readers will open your mind to study and to prove what God is telling you right now and that some will be willing to act on the Truth of God while you have the opportunity. For the more you sincerely “seek God,” the more you pray for and get involved in this very end-time Work which Jesus Christ is now accomplishing, the more you will be able to “lay up for yourselves treasures in heaven” (Matthew 6:19–21).

The Apostle Jude was inspired to write: “Beloved, while I was very diligent to write to you concerning our common salvation, I found it necessary to write to you exhorting you to contend earnestly for the faith which was once for all delivered to the saints” (Jude 3). Note that the true faith was delivered “once for all.” It was not to be altered, changed, done away, watered down or tampered with. And Jude continued, “For certain men have crept in unnoticed, who long ago were marked out for this condemnation, ungodly men, who turn the grace of our God into lewdness and deny the only Lord God and our Lord Jesus Christ” (v. 4). Wicked men were able, during the Dark Ages, to change and to pervert the entire way of life delivered to us by Christ and the Apostles.

America and Canada and other British-descended nations will not continue to exist, as we have known them, unless there is a profound change in our character—a national repentance and a return to the way of God. But each of us individually may be blessed and protected during the traumatic times ahead, if we are willing to live by the Way Jesus Christ taught, and to fight—to “contend earnestly”—for the faith which was “once for all” delivered to the saints.
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